

The SHAFTESBURY

OPEN 25

21st April 2024 | 08:00

Course: E9/25 (Writtle to Dunmow)

Timekeepers: Trevor Pedley & John Cottee

Organisers: Phil Hodey & Andrew Wenham

Event promoted for and on behalf of Cycling Time Trials under its rules and regulations

*A Welcome from
Kevin Baumber, Captain,
Shaftesbury Cycling Club*

**Welcome to the Race of Truth.
Welcome to the Shaftesbury.**

Time has come to make your mark, paint your own legend - we simply provide the canvas. We cannot wait to see what you can do. We love the personal endeavour, embracing the suffering, finding new limits, then pushing beyond them.

Those dreaded turbos, the headwinds out on damp lanes, the longest winter - now is a chance to make a withdrawal on all those hard earned deposits.

The only way to fail is not to try in the first place, everywhere else is only glory, whatever the outcome.

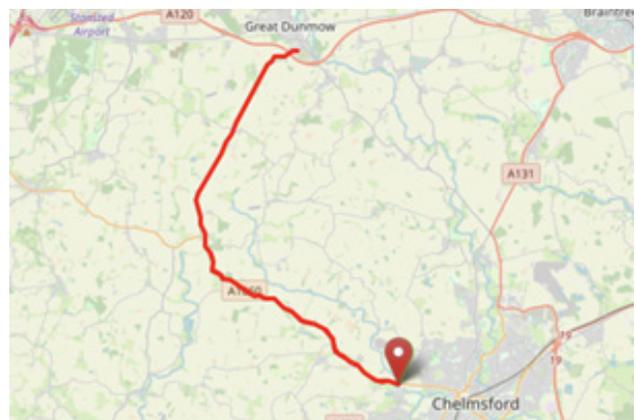
Ask new questions out there, difficult ones, you might be surprised by the answers.

We've got you. Let's ride.

Course details: E9/25

Click [HERE](#) for course details.

START on A1060 at western edge of drain adjacent to TP260 which is 210 yards west of Lordship Road (approximately 2.5 miles west of Chelmsford). Proceed along A1060 through Margaret Roding to Leaden Roding (M) (6.85m). Turn right **WITH GREAT CARE** onto B184 and continue through High Roding to turn around a small roundabout at Clapton Hall Lane (M) (12.6m). Retrace through High Roding and Leaden Roding (M) (18.35m), turn along A1060 through Margaret Roding to FINISH opposite 7th diagonal white line after traffic island past 'Pet Clinic'.



Note: Start is about 2 miles from Race HQ – see map for details.

Prizes

1st Open TT: £25

2nd Open TT: £15

1st Handicap: £25

2nd Handicap: £15

3rd Handicap: £10

1st Female TT: £25

2nd Female TT: £15

1st Vet (AAT): £25

2nd Vet (AAT): £15

3rd Vet (AAT): £10

1st Open Road Bike: £25

2nd Open Road Bike: £15

1st Female Road Bike: £25

2nd Female Road Bike: £15

Course Risk Assessment & Rider Notes

Because of parked cars you should take extreme care when passing through High Roding village. Be advised that the turn at Clapton Hall Lane is a very tight roundabout and can be slippery if wet.

At all roundabouts riders must give a clear signal as to their intended route and give way to traffic from the right.

Any rider passing to the right of the painted circle at Leaden Roding mini roundabout will be disqualified from the event and reported to the District Secretary for consideration of disciplinary action.

Please remember marshals are stationed at junctions for your safety but they are not responsible for directing traffic or indicating if the junction is clear.

Riders are reminded that no competitor shall be allowed to start an event unless they are wearing a **HARD SHELL SAFETY HELMET** that meets an internationally accepted safety standard.

Riders are also reminded that no competitor shall be allowed to start an event unless such competitor has affixed to the rear of their machine a working rear red light and affixed to the front of their machine a working front white light; lights to be illuminated, either flashing or constant, and in a position that is clearly visible to other road users.

Road Bike Rules

Please note that for the 2024 season the rules regarding helmet choice for the road bike category have changed.

To qualify for the road bike category you must not wear a helmet that covers the ears.

Full road bike regulations printed below for your reference...

29. Road Bike Criteria (Moved from Regulation 14, 14I - Section: Competitors)

(a) The road bike can possess drop or straight handlebars; no tri-bars, clip-on bars or Spinaci bars are allowed; no disc wheels; both front & rear wheels must have at least 12 spokes each; the maximum rim depth allowed is 90mm.

(b) Helmets used in Road Bike category events must not cover the ears or have a teardrop/pointy style "tail", any helmet vents must not be covered or blocked. The helmet must not have been altered or had any element added or removed in terms of design or form but may be used as the manufacturer intended (e.g., sliding vents). It is prohibited to add a detachable cover to a helmet. The composition of the helmet material and its surface condition are not subject to any regulations. However, additions to the helmet are not allowed (cover, tape etc.).

N.B. For competitors riding Road Bikes, competitors must predominantly ride holding the drops or brake hoods. Riders may not ride in the "Puppy Paws" Position or simulate a Tri-Bar position by resting the forearms on the handlebars.

HQ DETAILS

Chelmer Club Hut, Meteor Way,
Chelmsford, CM1 2RLHQ

Open from 7am

HQ details

Plenty of parking is available in the Waterhouse Lane Car Park, there is no charge for parking on Sundays. Please note there is no parking at the start. Riders will need to ride from HQ.

Body numbers will be available at the Event HQ and must be personally signed for after reading any special course instructions.

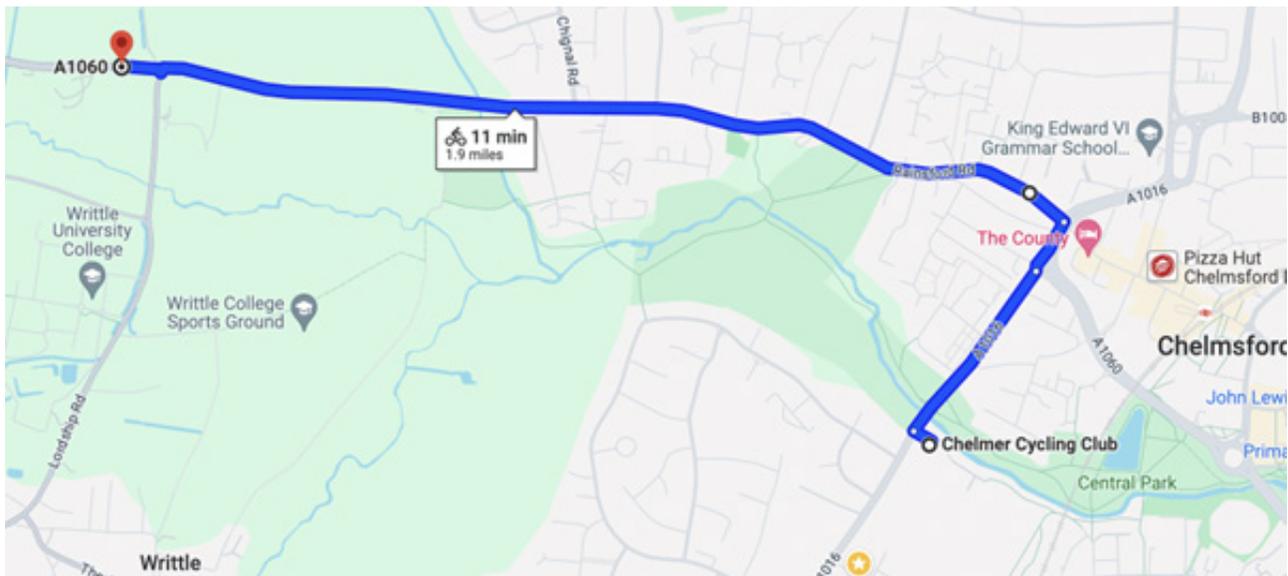
All competitors are reminded to personally sign the signing-out sheet when returning their number, otherwise they may be recorded as DNF.



Drinks & cakes will be available after the event, tea & coffee will be free of charge but cakes will be £1.50 each. Cash & card accepted.

Route from HQ to course

The ride from HQ to the start should take no longer than 10 minutes. Signs will be provided. There is plenty of opportunity to warm up along Lordship Road and Cow Watering Lane, both very close to the start.



IMPORTANT: Possible Roadworks / Backup Course

There are currently temporary traffic lights on the course near the turn at Clapton Hall Lane. The roadworks are scheduled to be complete before the event commences but if there are delays it will require the event to be moved to an alternative course. The E83/25 "Vipers" course has been reserved as a backup should this occur. The decision to move will be taken on the morning of the 20th April and communicated to all riders via email. **Please ensure that you check your emails accordingly.** It is a 9 mile ride from HQ to the start of the backup course. Alternatively, after signing on you can drive to Mountnessing Village Hall where there is ample parking and a short ride to the start.



START SHEET

No	Start Time	Name	Machine	Club	Classification	Category
1	8:01:00	Andrew Wenham	TT Bike	Shaftesbury CC	Open	Veteran
2	8:02:00	Timmy Rivers	Road Bike	Maldon & District CC	Open	Senior
3	8:03:00	Lewis Duffield	Road Bike	Athlon CC	Open	Senior
4	8:04:00	Andrew Dougherty	Road Bike	Rugby Racing Cycling Club	Open	Veteran
5	8:05:00	Paulina Mozal	Road Bike	Chelmer CC	Female	Senior
6	8:06:00	David Marshall	Road Bike	Blue Light Cycling Club	Open	Veteran
7	8:07:00	Mark Thurlow	Road Bike	Shaftesbury CC	Open	Veteran
8	8:08:00	Patrick Claridge	Road Bike	Chelmer CC	Open	Veteran
9	8:09:00	Damien Foy	Road Bike	Eagle Road Club	Open	Veteran
10	8:10:00	Nick Boyle	Road Bike	Chelmer CC	Open	Veteran
11	8:11:00	Bob Cliff	Road Bike	Redbridge CC	Open	Veteran
12	8:12:00	James Jenkins	Road Bike	Hart Performance Coaching	Open	Senior
15	8:15:00	Claire Lee	TT Bike	Shaftesbury CC	Female	Veteran
16	8:16:00	Camilla Wilkes	TT Bike	East Essex Triathlon Club	Female	Veteran
17	8:17:00	Jan Harvey	TT Bike	Southend Wheelers	Female	Veteran
18	8:18:00	Deborah Coyle	TT Bike	Shaftesbury CC	Female	Veteran
19	8:19:00	Jennie Pennington	TT Bike	Southend Wheelers	Female	Veteran
20	8:20:00	Karen Aylen	TT Bike	Maldon & District CC	Female	Veteran
21	8:21:00	Louise Robinson	TT Bike	Shaftesbury CC	Female	Veteran
25	8:25:00	Stewart Fung	TT Bike	Redbridge CC	Open	Veteran
26	8:26:00	Barry Simpson	TT Bike	Southend Wheelers	Open	Veteran
27	8:27:00	David Carey	TT Bike	Southend Wheelers	Open	Veteran
28	8:28:00	Colin Doe	TT Bike	Ford CC	Open	Veteran
29	8:29:00	Paul Wyatt	TT Bike	Shaftesbury CC	Open	Veteran
30	8:30:00	Geoff Bores	TT Bike	Ford CC	Open	Veteran
31	8:31:00	Mark Tredgett	TT Bike	Tri Sport Essex	Open	Veteran
32	8:32:00	Chris Connelly	TT Bike	North Essex Velo	Open	Veteran
33	8:33:00	Adrian Gower	TT Bike	Hitchin Nomads CC	Open	Veteran
34	8:34:00	Paul Looke	TT Bike	Shaftesbury CC	Open	Veteran
35	8:35:00	John Paduano	TT Bike	Southend Wheelers	Open	Veteran
36	8:36:00	Simon Ginger	TT Bike	Shaftesbury CC	Open	Veteran
37	8:37:00	Charles Langford	TT Bike	Southend Wheelers	Open	Youth
38	8:38:00	Graeme Garner	TT Bike	Team Vision Racing - Silverhook	Open	Veteran
39	8:39:00	Ian Cardy	TT Bike	Chelmer CC	Open	Veteran
40	8:40:00	Adrian Tovey	TT Bike	Maldon & District CC	Open	Veteran
41	8:41:00	Christian Geldard	TT Bike	North Hampshire RC	Open	Veteran
42	8:42:00	Matthew Saunders	TT Bike	Team Vision Racing - Silverhook	Open	Veteran
43	8:43:00	Nicholas Knight	TT Bike	Hart Performance Coaching	Open	Veteran
44	8:44:00	David Pennington	TT Bike	Southend Wheelers	Open	Senior
45	8:45:00	Ramsey Kechacha	TT Bike	Shaftesbury CC	Open	Senior
46	8:46:00	David Harding	TT Bike	Chelmer CC	Open	Veteran
47	8:47:00	Paul Turton	TT Bike	Team Vision Racing - Silverhook	Open	Veteran
48	8:48:00	Peter Harding	TT Bike	Chelmer CC	Open	Veteran
49	8:49:00	Sean O'Sullivan	TT Bike	Hart Performance Coaching	Open	Senior
50	8:50:00	Timothy Torrie	TT Bike	trainSharp	Open	Senior

Handicapping by Spindata (www.spindata.co.uk)

Spindata is a system for ranking time trial results across the UK by using time and relative position to others. Spindata has been developed to recognise the achievements of all riders, whatever their ability. The Spindata algorithm generates a predicted time for an event using a rider's past riding history, course and weather conditions. This predicted time will be used as your handicap for the event. If you have not ridden sufficient events to generate a predicted time, you will not be eligible to compete in the handicap category. Predicted times will be published on Wednesday 17th April.

Timing systems by Time Trial HQ (www.timetrialhq.com)

Time Trial HQ is a revolutionary new timing system built in partnership between the Shaftesbury Cycling Club and HCS Technologies Ltd. The system provides tablet based timing solutions for time trials with real time calculation of split times & results, all published back to HQ for display on a live results board. After extensive testing in both club and open events the system will be made available for limited numbers of CTT affiliated clubs to trial mid 2024. To find out more, contact support@hcstech.co.uk.

About the Shaftesbury

Shaftesbury Cycling Club is one of the oldest continually existing sporting clubs in the world. Established in 1888, less than 3 years after the invention of the modern bicycle, "The Shaftesbury" has thrived for over 130 years.

From its headquarters by the picturesque windmill at Mountnessing Village Hall in Essex, Shaftesbury CC blends the finest traditions of the local UK club cycling scene with a modern and forward looking presence, a full roster of events, generous benefits, and friendly and inclusive attitude.

Whether a complete beginner, veteran plodder, or dedicated racing athlete, "The Shaftesbury" offers support, advice, and friendship to every rider. It is truly remarkable what the bicycle can do for those that recognise its near magical properties for the soul and adventure. Joining our club helps unlock that potential, expand opportunity, and build pride in being a part of history.

Find out more - www.shaftesbury.cc

Save the Date!

NEXT EVENTS

Sunday 19th May - The Shaftesbury Vipers 25. Incorporating the Essex Time Trial Championships! New for 2024 - Fastest Team in Essex!.

Sunday July 14th - The 108th Edition of "The Shaftesbury Open 50" - A monument of the UK Time Trial scene.

See CTT website for more details.